



Whole Grain French Toast Bowl with Acai Cream

Yield: 1 serving

Ingredients:

1 cup	Whole Grain French Toast Sticks cut into cubes
¼ cup	Mixed Berries
1 t	Flax Seeds
1 t	Chia Seeds
1 T	Sliced Almonds
2 cups	Vanilla Greek Yogurt
1 cup	On Top
3 oz	Sambazon Acai Berry Blend

Directions:

1. Combine Vanilla Greek Yogurt, On Top topping and Sambazon acai berry blend, set aside.
2. Place 1 cup French toast cubes on one side of the bowl and ½ cup of the acai cream on the other side. Carefully place the berries, flax seeds, chia seeds, and sliced almonds on top of the acai cream.