

Skinny Lemon-Lime Pie Parfaits

Yield: 6 servings

Ingredients:

3/4 oz Lemon Juice
3/4 oz Lime Juice
2 Eggs, Extra Large
1/2 C Granulated Sugar
1 1/2 oz Butter, Unsalted
3 C Plain Nonfat Greek Yogurt
3 C Whipped Cream
1/4 C Graham Cracker
1/4 C Shortbread Cookies

Directions:

- 1. In a medium mixing bowl, cream together granulated sugar and unsalted butter with a rubber spatula.
- 2. Fold in eggs one at a time and mix until eggs are throughly combined.
- 3. Whisk the lemon and lime juice in to the mixture.
- 4. Transfer the mixture in to a medium sauce pan set to medium heat.
- 5. Whisk contantly for 10 minutes or until the mixture thickens (thickening will occur at 175 degrees F).
- 6. Transfer the mixture in to a storage container and allow to cool under refrigeration.
- 7. Combine whip cream, yogurt, and lemon curd in a large mixing bowl; Gently fold ingredients together with a rubber spatula until smooth and ingredients are thourghly mixed.
- 8. Combine crumbled graham crackers and shortbread cookies in a medium mixing bowl
- 9. Mix until ingredients are throughly combined.
- 10. For each parfait, layer the ingredients in the following order, 1/4 Cup(s) of lemon-lime yogurt custard, 1 Tbsp(s) of graham cracker & shortbread crumble, 1/4 Cup(s) of lime yogurt custard, 2 Tbsp(s) of whipped cream, and 1/4 tsp(s) of fresh lime zest.

Recipe and photo courtesy of Danone